

SPARSH GLOBAL SCHOOL MAY 2026 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
04-05-2026	05-05-2026	06-05-2026	07-05-2026	08-05-2026	09-05-2026
CHOLE	DAL TADKA	BLACK MASOOR DAL	RASA KALA CHANA	RED SAUCE PASTA	ALOO BHAJI
JEERA ALOO	MIX VEG	KADHAI PANEER	ALOO GOBI MASALA	VEG CUTLET	PLAIN POORI
PLAIN RICE	STEAMED RICE	PLAIN RICE	JEERA RICE	GARLIC BREAD	KALA CHANA
CHAPATI	ROTI	ROTI	ROTI	CHOCOLATE CAKE	MOONG DAL HALWA
RICE KHEER					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11-05-2026	12-05-2026	13-05-2026	14-05-2026	15-05-2026	16-05-2026
RAJMA	MOONG MASOOR DAL	KADHI	MIX DAL TADKA	PAO	
BHINDI MASALA	SOYA KEEMA MUTTER	ALOO JEERA	VEG KOFTA	BHAJI	
STEAMED RICE	JEERA RICE	RICE	PLAIN RICE	STEAMED RICE	
ROTI	ROTI	ROTI	ROTI	MOONG DAL TADKA	
RICE KHEER				GULAB JAMUN	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18-05-2026	19-05-2026	20-05-2026	21-05-2026	22-05-2026	23-05-2026
DAL MAKHANI	CHANA DAL TADKA	CHOLE	KADHI PAKODA	DHABA DAL	CHOLE
BEANS ALOO	SHAHI PANEER	ALOO MATTAR LAGALIPTA	KHATTA MEETHA KADDU	PALAK CORN	BHATURE
RICE	RICE	RICE	RICE	JEERA RICE	ONION
ROTI	ROTI	ROTI	ROTI	ROTI	ALOO MASALA
RICE KHEER				BESAN BURFI	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25-05-2026	26-05-2026	27-05-2026	28-05-2026	29-05-2026	30-05-2026
RAJMA	ARHAR DAL TADKA	KALI DAL	GHIYA CHANNA DAL	IDLI	
BHINDI	DUM ALOO	ALOO SHIMLA	SOYA MASALA	SAMBHAR	
RICE	STEAMED RICE	VEG PULAO	PLAIN RICE	LEMON RICE	
ROTI	ROTI	ROTI	ROTI	TOMATO CHUTNEY	
RICE KHEER				COCONUT LADOO	