



Policy on Anti-Bullying Awareness

Date: 6th October 2025

SGS2025-26 Circular No. 0080

Dear Parents,

Namaskar!

At Sparsh Global School, we uphold the conviction that every child has the right to feel **safe, valued, and respected**. A harmonious and secure learning environment not only augments academic attainment but also fosters **confidence, empathy, resilience, and enduring values**. Through our strong emphasis on **CHARACTER** building, one of the three C's of our school, we nurture integrity, care and responsibility in every learner.

Bullying, in any manifestation, is **detrimental to a child's welfare**. In our endeavour to make Sparsh Global School a **NO BULLYING ZONE** we are introducing **Strict Zero-Tolerance Policy**.

Motto

- *"SABR- Students Against Bullying and Ragging"*.

Objective of the Policy

This **policy** seeks to ensure a safe, respectful, and inclusive school environment for every child. It aims to prevent and address all forms of bullying through awareness, intervention, and support, while fostering a culture of openness and trust. Our collective goal is to nurture empathy, resilience, and responsibility, thereby making **Sparsh Global School** a true *No Bully Zone*.

What is Bullying?

Bullying is characterised as **deliberate, aggressive, and unwanted behaviour** that involves a real or perceived imbalance of power. It is frequently repetitive in nature and can have profound and lasting consequences.

The principal forms of bullying include:

- **Physical Bullying** – Inflicting harm through hitting, pushing, tripping, or damaging personal property.
- **Verbal Bullying** – Engaging in name-calling, mocking, derision, or offensive remarks.
- **Social/Emotional Bullying** – Deliberately excluding individuals, spreading falsehoods, or encouraging others to ostracise a peer.

- **Cyberbullying** – Misuse of digital platforms such as messaging services, social media, and online forums to threaten, humiliate, or cause distress.

The School's Commitment

We are resolute in cultivating a **safe and compassionate school culture**. To this end, the school undertakes to:

- Conduct **awareness sessions, workshops, and assemblies** centred on empathy, respect, and inclusivity.
- Ensure all staff are **trained to recognise, prevent, and respond** to bullying incidents promptly and equitably.
- Provide a **confidential reporting system** whereby pupils may report incidents without apprehension of reprisal.
- Offer **counselling and pastoral care** for those affected by bullying.
- Implement **corrective behaviour programmes** to guide perpetrators towards empathy and accountability.

Year-Round Initiatives

To embed the ethos of respect and kindness, the following initiatives shall be undertaken:

- **Anti-Bullying Event** – An introductory event, featuring the unveiling of the **school motto and pledge of solidarity**.
- **Awareness Campaigns and Thematic Assemblies** – Featuring dramatizations, poetry, and orations by pupils.
- **Kindness Wall** – A designated space where pupils may share affirmations, appreciations, and testimonies of goodwill.
- **Anti-Bullying Club** – A pupil-led body serving as peer advocates and role models for inclusivity.
- **Creative Endeavours** – Poster-making, slogan-writing, and art competitions centred on the theme *“Say No to Bullying.”*
- **Digital Safety Workshops** – Addressing the nuances of cyberbullying and responsible online conduct.

Consequences of Bullying

Acts of bullying will incur sanctions proportionate to the gravity of the misconduct. These may include:

- Formal warnings (oral or written)
- Mandatory counselling and parental consultation
- Restriction from extra-curricular engagements

- Suspension in cases of severe or repeated infractions

The Role of Parents and Guardians

Parents are pivotal allies in nurturing a **bully-free environment**. We urge you to:

- **Model courteous and respectful behaviour** in daily life.
- Encourage **open dialogue** with your child regarding their social experiences.
- Participate in **parent-led discussions and workshops** within the school.
- Exercise vigilance in monitoring your child's **digital footprint and online engagements**.
- Communicate promptly with the school should you discern signs of distress, avoidance of school, or unexplained injuries.

Expectations of Pupils

Every pupil at **Sparsh Global School** is expected to:

- Demonstrate **courtesy, dignity, and fairness** towards peers and staff.
- **Report instances of bullying** either as a victim or a witness.
- Champion **kindness, inclusion, and equity** in everyday interactions.
- Employ digital media responsibly and refrain from misuse of technology.

Together Against Bullying

Bullying is not merely a school issue but a **societal concern**. Only through collaboration between parents, pupils, and educators can we foster a culture where **compassion, justice, and friendship flourish unflinchingly**.

For confidential reporting or further queries, kindly contact us at: **7669933509**

Together, let us pledge to keep **Sparsh Global School** a **No Bully Zone**, where every child feels safe, supported, and empowered to thrive.

Regards

Principal

Dr. Monika Randhawa



Sparsh Global School